

Pricing for Personal and Supervision sessions

Table of Contents

Pricing for Personal and Supervision sessions	1
Introduction	1
Number of Sessions.....	1
Pricing of Personal Sessions for the training.....	1
Difference from a 'normal' Personal Session	1
How to view the cost for a Personal Session with credit	2
Pricing for Personal Sessions with credit	2
Pricing of Supervision Sessions for the training	3

Introduction

In this document we outline the pricing used for the Personal and Supervision sessions that you need to follow regarding your training in Somatic Experiencing®. The Rules and guidelines can be found in the Rules and Guidelines for Personal and Supervision documents.

Number of Sessions

	Personal Session	Supervision Session
Total Credits	18	18
Minimum Credits with assistant present in your training	8	
Minimum of individual Supervision sessions		4
Minimum of supervision sessions with Faculty		8

Pricing of Personal Sessions for the training

Difference from a 'normal' Personal Session

A Personal session that counts for a credit for your SE® training is different from a 'normal' personal session.

- The provider will focus by only using techniques from Somatic Experiencing® and not use a variety of other techniques.
- As much as possible the chosen techniques will be reflecting of what you were already taught in the training up to that point.
- The last (approximately) 5 minutes of the session will be spent in reflecting about the session and explaining the used SE® techniques with the theoretical background. In

other words, talking about for instance why which technique was used and if/how it worked.

- Time is spent to help the student reach an experienced understanding of the different SE® techniques learned during the training.

How to view the cost for a Personal Session with credit

In some cases, the cost for a Personal session with credit might be different from a 'normal' personal session. The reason for this is that the session has a different approach (see above) and that the provider has a different role in these session. For instance:

- A session provider is not paid for assisting at the training. They are however present with you during all these days and will be supporting you and the group in many different ways.
- Before becoming an assistant, who is allowed to provide personal sessions for the training, one has to assist in different SE® intro's and SE® training modules. Not only are assistants not paid to do this, there are also costs that are made during this trajectory.
- A Personal session that counts as a credit is part of your training costs. It most likely will also have an effect on your personal growth, however the focus of these sessions is towards training you to become a Somatic Experiencing® Practitioner.

Pricing for Personal Sessions with credit

After what you read above you should have a broader understanding of what exactly a Personal Session that counts as a credit for your SE® training contains.

As an organization we want to prevent a pricing difference between different personal session providers. This is why we set a fixed price for personal sessions that count as credits for your training. This is a recommended standard by both EASE and SEI used for all training organizers. In other words, the same is true in any SE® training you would follow.

The pricing for a Personal session with credit offered by a primary assistant is 75€.

The pricing for a Personal session with credit offered by a senior assistant is 85€.

The pricing for a Personal session with credit offered by Faculty (teacher) is 110€.

When following a 'normal' personal session the price is dependent on the provider. As this is not part of your training you will need to ask the SE® practitioner what their normal price for a SE® session is.

When you take a session with an accredited session provider that is not an assistant in your training this can also count as a credit for your training. You will have to let them know before the start of your session, so they know that the session is different from a 'normal' SE session. You can add this session to your session log.

Pricing of Supervision Sessions for the training

Supervision sessions with a credit for the training can only be provided by senior assistants or by faculty. Individual Supervision sessions follow the same pricing system as the personal sessions above.

Group Supervision can also be taught by senior assistants. The table below is the system used for credits and payment.

# Participants	# credits per hour	# credits if more than one hour	Price
1	1		85 €
2-3	0,75	1,5 for 2 hours	100 € per hour for whole group
4-6	0,5	1 for 2 hours 1,5 for 3 hours	120 € per hour for whole group
7-10	0,33	1 for 3 hours	60 € per participant for 3 hours

Group Supervision by faculty will be depended on when, how and by whom it is offered.